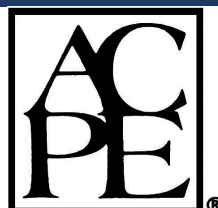




## Recovery Focused Practice: The Role of Medication in SUD Treatment

Brent Bonham, Dr. Merrill Norton, Dr. Mark Westfall,  
Bronwyn McInturff, TeNisha Murry

November 18, 2022 @ 12:45 – 5:15pm CT



### PROGRAM OVERVIEW

In 2018, an estimated 2 million people had an opioid use disorder. In an effort to reduce this epidemic, treatment is most effective when it is individualized to the patient. Medication-assisted treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. MAT provides a comprehensive, individually tailored program of medication and behavioral therapy that address the needs of most patients.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 4 ACPE Contact Hours, .4 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner’s CPE Monitor profile at <http://nabp.pharmacy/>. There is no registration fee for this program.

***The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.***

This activity is supported by Project FREEDOM from Substance Abuse and Mental Health Services Administration (SAMHSA). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

## TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE).

## LEARNING OBJECTIVES

- 1) Demonstrate current applications of the MAT medications for alcohol use and opioid use disorders
- 2) Explain the rationale for the use of maintenance medications in the treatment of alcohol use disorder (AUD) and opioid use disorder (OUD)
- 3) Distinguish the appropriate application for the use of anti-craving and rescue medications for alcohol use disorder (AUD) and MAT medications for opioid use disorders (OUD)
- 4) Summarize the thoughts and feelings of one individual's experience with opioids
- 5) Discuss key factors that support recovery from opioid use disorder.
- 6) Describe the importance of compassion and empathy as the key to reaching an individual with SUD.
- 7) Identify areas of potential opportunities in SUD treatment.
- 8) Relate expert views on relevant key issues about treatment for an individual with an SUD.
- 9) State practical examples and best practices for treatment of an individual with an SUD.
- 10) Recognize issues in treating patients with an SUD.

## ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live program, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact [hsopce@auburn.edu](mailto:hsopce@auburn.edu) if you have any questions or needs related to this online CE program.

## FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Mr. Bonham, Dr. Norton, Dr. Westfall, Ms. McInturff, and Ms. Murry have no actual or potential conflict of interest in relation to this program.

## ACCREDITATION INFORMATION



The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-22-071-Lo8-P** and is intended for pharmacists.

# PROGRAM FACULTY

**Brent Bonham** is a speaker in Alabama who recounts his lived experience with addiction. He was prescribed opioids for a medical procedure at a young age. He became addicted to heroin, failed out of college, and ultimately became homeless. Through inpatient treatment, sober living, and a 12-step program, he achieved sobriety. Brent found recovery through a 12-step program; however, he has watched the positive outcomes that access to medication assisted treatment (MAT) has on people who struggle with opioid addiction. For the last ten years, he has led efforts to support individuals with addiction. He has a passion to educate and help others understand this disease and has increased his efforts with the rise of fentanyl and opioid overdose.

**Dr. Merrill Norton** is a Clinical Associate Professor Emeritus from the the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. Dr. Norton has worked with impaired pharmacists and other health care professionals for over 25 years and is the former Director of the Recovering Pharmacists Program at the Talbott Recovery Campus. He is Past President of the Georgia Addiction Counselors Association and member of both the Georgia Pharmacy Association and the American Pharmacy Association.

Dr. Norton is the President and CEO of Chemical Health Associates, Inc. of Athens, Georgia, a national consulting organization for mental health, alcohol and drug services. He is also a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in the Masters of Psychopharmacology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology. Dr. Norton is state and nationally certified as an addiction counselor and has just received (2021) the first Certified Master Addiction Counselor( CMAC) from the Georgia Addiction Counselors Association. The International Certification and Reciprocity Consortium Board and the Alcohol and Drug Abuse Certification Board of Georgia has credentialed Dr. Merrill Norton as a Internationally Certified Co-Occurring Disorders Professional Diplomate (ICCDP-D). The ICCDP-D is the highest international credential that can be obtained through IC&RC and ADACB-GA and signifies that the holder has advanced training and experience in Addiction Treatment and is especially aware of ethical, methodological, and research issues associated with the treatment of the co-occurring patient. Dr. Norton is the 2009 recipient of the Georgia School of Addiction Studies (GSAS) Excellence in Addiction Treatment Individual Achievement Award “for his unselfish dedication to the treatment of addicted families, not only in the state of Georgia, but nationally.”

**Mark Westfall, MD** is a psychiatrist practicing in Birmingham, AL. Dr. Westfall is a medical doctor specializing in the care of mental health patients. As a psychiatrist, Dr. Westfall diagnoses and treats mental illnesses. Dr. Westfall may treat patients through a variety of methods including medications, psychotherapy or talk therapy, psychosocial interventions and more, depending on each individual case. Different medications that a psychiatrist might prescribe include antidepressants, antipsychotic medications, mood stabilizers, stimulants, sedatives and hypnotics. Dr. Westfall treats conditions like depression, anxiety, OCD, eating disorders, bipolar disorders, personality disorders, insomnia, ADD and other mental illnesses.

**Bronwyn McInturff, LICSW** has served the Birmingham mental health community for over 20 years. She graduated with her bachelor's degree in psychology from Birmingham Southern College and a masters in social work from the University of Alabama. She is the director of The Addiction Recovery Program and is adjunct faculty in the department of social work. Addiction medicine is her passion, and her other areas of interest are wellness coaching, executive coaching, second victims, and healing through expressive arts. Bronwyn was raised in Birmingham, Alabama and currently resides in Homewood with her two daughters.

**TeNisha Murry, LICSW, PIP** has been working in the field of Mental Health since 2011. She has a Bachelor of Social Work from the University of Kentucky and a Master of Social Work from Alabama A&M University. As a Licensed Independent Clinical Social Worker (LICSW) she has several years of experience providing both direct psychological and psychosocial care to civilians as well as Veterans. TeNisha has also provided macro level care by creating presentations and speaking to groups/organizations regarding various topics on Mental Health Care and substance treatment for several years. TeNisha is a passionate Mental Health Advocate with specialized training in trauma focused therapy, suicide prevention and diversity, equity, and inclusion (DEI). Furthermore, TeNisha is committed to public health education and advocacy.

# PROGRAM AGENDA

***Friday, November 18, 2022***

**12:45 pm**

**Welcome and Announcements**

**1:00 pm - 2:30 pm**

**A Look Through the Eyes from Active Addiction to Long Term Recovery**

*Brent Bonham*

**2:30 pm - 4:00 pm**

**A Practitioners' Guide For Medication Assisted Treatments: Alcohol and Opioid Use Disorders -**

*Merrill Norton, Pharm.D., D.Ph., CMAC*

**4:00 pm**

**Break**

**4:15 pm – 5:15 pm**

**Substance Use Treatment Panel Discussion**

*Brent Bonham*

*Merrill Norton, Pharm.D., D.Ph., CMAC*

*Mark Westfall, MD*

*Bronwyn McInturff, LICSW*

*TeNisha Murry, LICSW, PIP*

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*Members of the Post-Graduate Education Advisory Committee have completed a conflict of interest disclosure form and have no actual or potential conflicts of interest in relation to this program.*