

Stop Judging; Start Healing 2023 Stigma Summit - Prattville

Dr. Luke Engeriser, Wendi Hogue, Ryan Leaf, Richard Tucker

January 25, 2023 at 8:15am – 4:15pm



VitAl
Improving Wellness in Alabama

PROGRAM OVERVIEW

When people with addiction are stigmatized and discarded, it only promotes the vicious cycle that is embedded in their disease. This summit will focus on the impact of stigma on those with a substance use disorder, MAT stigma, strategies for reducing stigma, communication, and much more.

Funding for the stigma summits was made possible by the Alabama Department of Mental Health (ADMH), in partnership with the VitAl initiative in the School of Social Work at The University of Alabama. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of ADMH nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. The Harrison College of Pharmacy is partnering with VitAl to offer this in-person program. To obtain the access code to enroll through the HCOP system, participants must first register with VitAl. There is a \$35 cost through VitAl registration, but there is no additional HCOP fee.

To receive all 5.75 hours of credit, pharmacists must attend the two out of the three applicable breakout sessions: Addiction as a Neurobiological Disease, Stigma Kills – Addressing Substance Use Disorder, and Ushering Out Stigma in Healthcare

Following registration, participants will have access to course instructions, updates, presentations, live session information, program evaluation, CE certificates and credits, etc. **This program is approved for 5.75 ACPE Contact Hours, .575 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE) and Pharmacy Technicians (ACPE).

LEARNING OBJECTIVES

- 1) Define stigma in substance use and describe the evidence base for its impact on outcomes for the person with substance use disorder (SUD).
- 2) Identify the need for person-centered communication in persons with or at risk for opioid misuse or SUD.
- 3) Develop strategies to be a champion in ending stigma.
- 4) Explain why higher stigma levels in rural communities may further increase resistance to treatment and recovery access.
- 5) Identify examples of trauma leading to addictive behavior.
- 6) Describe the concept of hedonic tone and how this relates to addiction and survival.
- 7) Discuss the basic neuropathology of addiction.
- 8) Discuss opportunities to educate others on best practices around meditating bias and resources available regarding SUD.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live in-person program, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. All presenters have no actual or potential conflict of interest in relation to this program.

PROGRAM FACULTY

Dr. Luke Engeriser is currently the Psychiatry Residency Program Director, Addiction Medicine Fellowship Director, and Associate Professor at the University of South Alabama College of Medicine. He also serves as the Deputy Chief Medical Officer of AltaPointe Health. He attended medical school at Northwestern University and completed psychiatry residency training at Tripler Army Medical Center in Honolulu. During his final year of residency, Dr. Engeriser received the Al Glass Award, the military's highest psychiatry resident research award, for his paper exploring the psychological effects of warfare. Dr. Engeriser served an additional three years in the Army at Fort Benning, Georgia, where he held the position of Chief, Department of Behavioral Health. After separating from the Army, Dr. Engeriser was Medical Director of Mid-Coast Mental Health Center/PenBay Psychiatry in Rockland, Maine. Prior to attending medical school, he completed a Master of Arts in Divinity at the University of Chicago and worked as a teacher of English at the Teacher Training College in Torun, Poland. Dr. Engeriser is a Past President of the Alabama Psychiatric Physicians Association, and he is currently President-Elect of the Alabama Society of Addiction Medicine. He is a Distinguished Fellow of the American Psychiatric Association and is board certified in Psychiatry and Addiction Medicine.

Wendi Hogue is the FREEDOM Project Director with the VitAL Initiative in the School of Social Work at The University of Alabama. VitAL is committed to improving the wellness of Alabama's communities through training and education, service and implementation, research and evaluation, and community engagement. FREEDOM is a grant-funded program to reduce the number of opioid-related deaths in Alabama. Wendi holds her M.Ed. from The University of Montevallo in Clinical Mental Health Counseling and Marriage and Family Therapy. She is a Licensed Professional Counselor and a National Certified Counselor. She came to The University of Alabama after working in Community Mental Health for four years. She began at Brewer Porch Children's Center as a Therapist moving to The Office of Disability Services as an Accommodation Specialist prior to coming on board with FREEDOM in 2019. She works part-time in her private practice, treating clients struggling with substance use disorder, anxiety, ADHD, depression, and trauma.

Ryan Leaf is a former American football player who was a quarterback in the National Football League (NFL) for four seasons. He played for the San Diego Chargers and the Dallas Cowboys between 1998 and 2001, and also played for the Tampa Bay Buccaneers and the Seattle Seahawks. Leaf spent his college career with the Washington State Cougars, where he was a finalist for the Heisman Trophy after his junior year. He was selected as the second overall pick by the San Diego Chargers in the 1998 NFL Draft after Peyton Manning, but his career was shortened due to poor play, bad behavior, injuries, and struggles with his work ethic and ability to stay focused. An episode of *NFL Top 10* ranked him as the No. 1 "draft bust" in NFL history. After his NFL career ended, Leaf completed his degree at Washington State. He had legal troubles involving drugs beginning in 2010 after a Texas judge sentenced him to 10 years probation. Two years later, Leaf pleaded guilty to felony burglary and drug possession in Montana. After a suspended sentence with a stint in drug rehabilitation, Leaf began serving a seven-year sentence in state prison in December 2012. On September 9, 2014, Leaf was sentenced to five years in prison for violating his Texas probation by breaking into a home in Montana to steal prescription drugs, but he was released from prison on December 3, 2014. Leaf currently works as a Program Ambassador for Transcend Recovery Community, a group of sober living houses in Los Angeles, Houston, and New York. He also hosts a radio show and works as a college football analyst on television.

Richard A. Tucker is a former Assistant Special Agent in Charge for the United States Drug Enforcement Administration (DEA). Mr. Tucker received his Bachelor of Science degree in Urban Life from Georgia State University. His extensive experience in law enforcement includes 10 years as a police officer; Mr. Tucker's 25-year DEA career has included both domestic and international assignments. He speaks fluent Thai. He has held a variety of management and enforcement positions including, investigations, intelligence and personal security. He has presented to national and international audiences on a wide variety of topics, including undercover operations, demand reduction, illicit abuse of prescription medicines and intelligence. Mr. Tucker has also instructed law enforcement professionals on issues involving conducting investigations of drug trafficking organizations. He is retired from his law enforcement career and engaged in consulting to the healthcare industry. Mr. Tucker's experience provides unique perspective on many issues, including property crime, organized crime, and trafficking and use of drugs at the local, regional, and international levels. This broad view also provides compelling insight on many legal and enforcement issues.

ACCREDITATION INFORMATION



The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-22-079-L99-P/T** and is intended for pharmacists and pharmacy technicians.

PROGRAM AGENDA

Program Agenda

8:15 – 8:45am	Breakfast
8:45 – 9:00am	Welcome
9:00 – 10:30am	Opening General Session
10:45am – noon	Panel Discussion
12:00 – 1:00pm	Lunch
1:00 – 2:30pm	Breakout Sessions
2:45 – 4:15pm	Breakout Sessions

**Breakout Sessions Applicable to Pharmacists:

- Addiction as a Neurobiological Disease
- Stigma Kills – Addressing Substance Use Disorder
- Ushering Out Stigma in Healthcare

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Members of the Post-Graduate Education Advisory Committee have completed a conflict of interest disclosure form and have no actual or potential conflicts of interest in relation to this program.