

Stop Judging; Start Healing 2023 Stigma Summit - Tuscaloosa

Dr. Brent Boyett, Wendi Hogue, Jessica Northcott, Richard Tucker, Damon West

January 19, 2023 at 8:15am – 4:15pm



VitAl
Improving Wellness in Alabama

PROGRAM OVERVIEW

When people with addiction are stigmatized and discarded, it only promotes the vicious cycle that is embedded in their disease. This summit will focus on the impact of stigma on those with a substance use disorder, MAT stigma, strategies for reducing stigma, communication, and much more.

Funding for the stigma summits was made possible by the Alabama Department of Mental Health (ADMH), in partnership with the VitAl initiative in the School of Social Work at The University of Alabama. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of ADMH nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. The Harrison College of Pharmacy is partnering with VitAl to offer this in-person program. To obtain the access code to enroll through the HCOP system, participants must first register with VitAl. There is a \$35 cost through VitAl registration, but there is no additional HCOP fee.

To receive all 5.75 hours of credit, pharmacists must attend the two out of the three applicable breakout sessions: Addiction as a Neurobiological Disease, Stigma Kills – Addressing Substance Use Disorder, and Ushering Out Stigma in Healthcare

Following registration, participants will have access to course instructions, updates, presentations, live session information, program evaluation, CE certificates and credits, etc. **This program is approved for 5.75 ACPE Contact Hours, .575 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE) and Pharmacy Technicians (ACPE).

LEARNING OBJECTIVES

- 1) Define stigma in substance use and describe the evidence base for its impact on outcomes for the person with substance use disorder (SUD).
- 2) Identify the need for person-centered communication in persons with or at risk for opioid misuse or SUD.
- 3) Develop strategies to be a champion in ending stigma.
- 4) Explain why higher stigma levels in rural communities may further increase resistance to treatment and recovery access.
- 5) Identify examples of trauma leading to addictive behavior.
- 6) Describe the concept of hedonic tone and how this relates to addiction and survival.
- 7) Discuss the basic neuropathology of addiction.
- 8) Discuss opportunities to educate others on best practices around meditating bias and resources available regarding SUD.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live in-person program, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. All presenters have no actual or potential conflict of interest in relation to this program.

PROGRAM FACULTY

Dr. Brent Boyett received his doctorate in dental medicine from the University of Alabama at Birmingham and his osteopathic medical degree from the University of Health Sciences in Kansas City Missouri. He completed his residency in Family Medicine through the University of Mississippi and currently holds a board certification in Family Medicine and two board certifications in Addiction Medicine. He has been recognized as a Distinguished Fellow by the American Society of Addiction Medicine. Dr. Boyett has served as the President of The Alabama Osteopathic Medical Association and the Alabama Society of Addiction Medicine and he currently sits on the national board for The American Society of Addiction Medicine. He has served as the principal investigator for numerous clinical trials, working to develop a variety of pharmaceuticals and medical devices with a particular focus in the research of buprenorphine and buprenorphine delivery systems. Dr. Boyett is the founder and former chief medical officer of Pathway Healthcare which focuses on the outpatient treatment of substance use disorders in 13 locations throughout 4 states. Dr. Brent Boyett is now working with North Mississippi Medical Center Neuroscience Department, practicing Addiction Medicine, and He is dedicated to continued growth in the rapidly evolving medical environment of addiction medicine. Today, his primary focus is on addiction treatment and research, he remains on the cutting edge of technology and training. Giving back to his profession, he is a proctor to medical students, an international speaker and educator in the field of addiction medicine and serves on the board of trustees for the Alabama College of Osteopathic Medicine.

Wendi Hogue is the FREEDOM Project Director with the ViTAL Initiative in the School of Social Work at The University of Alabama. ViTAL is committed to improving the wellness of Alabama's communities through training and education, service and implementation, research and evaluation, and community engagement. FREEDOM is a grant-funded program to reduce the number of opioid-related deaths in Alabama. Wendi holds her M.Ed. from The University of Montevallo in Clinical Mental Health Counseling and Marriage and Family Therapy. She is a Licensed Professional Counselor and a National Certified Counselor. She came to The University of Alabama after working in Community Mental Health for four years. She began at Brewer Porch Children's Center as a Therapist moving to The Office of Disability Services as an Accommodation Specialist prior to coming on board with FREEDOM in 2019. She works part-time in her private practice, treating clients struggling with substance use disorder, anxiety, ADHD, depression, and trauma.

Jessica Northcott, MSW, LCSW, is a Licensed Clinical Social Worker and Program Manager at the University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit (PERU). Jessica provides technical assistance and implementation support to expand access and capacity of medications for opioid use disorders in healthcare and SBIRT implementation in pharmacy settings. Previous to PERU, Jessica worked in substance use treatment focusing on pregnant and postpartum persons and the incarcerated population. Jessica earned a Master of Social Work from University of Pennsylvania School of Social Policy and Practice.

Richard A. Tucker is a former Assistant Special Agent in Charge for the United States Drug Enforcement Administration (DEA). Mr. Tucker received his Bachelor of Science degree in Urban Life from Georgia State University. His extensive experience in law enforcement includes 10 years as a police officer; Mr. Tucker's 25-year DEA career has included both domestic and international assignments. He speaks fluent Thai. He has held a variety of management and enforcement positions including, investigations, intelligence and personal security. He has presented to national and international audiences on a wide variety of topics, including undercover operations, demand reduction, illicit abuse of prescription medicines and intelligence. Mr. Tucker has also instructed law enforcement professionals on issues involving conducting investigations of drug trafficking organizations. He is retired from his law enforcement career and engaged in consulting to the healthcare industry. Mr. Tucker's experience provides a unique perspective on many issues, including property crime, organized crime, and trafficking and use of drugs at the local, regional, and international levels. This broad view also provides compelling insight on many legal and enforcement issues.

Damon West, M.S. Criminal Justice, is a college professor, internationally known keynote speaker and *Wall Street Journal* best-selling author of *The Coffee Bean: A simple Lesson to Create Positive Change*, which *Forbes* listed in the "Top Twenty Books You Need to Read to Crush 2020."

His autobiography, *The Change Agent: How a Former College QB Sentenced to Life in Prison Transformed His World*, vividly tells how he transformed the pot of boiling water that is a Texas maximum-security prison into a pot of coffee.

At 20 years old, he was a Division 1 starting quarterback at the University of North Texas, when he suffered a career ending injury. He turned to hard core drugs to cope with disappointments of life. After graduation, he worked in the United States Congress, was a national fundraiser on a U.S. Presidential campaign and eventually trained to be a stock-broker for United Bank of Switzerland (UBS). One day at UBS, he was introduced to methamphetamines; he became instantly hooked—and the lives of so many innocent people would forever be changed by the choices he made in order to feed his insatiable meth habit. After a fateful discussion during his incarceration with a seasoned convict, Damon had a spiritual awakening. He learned that, like a coffee bean changing with the application of heat and pressure, he was capable of changing the environment around him. Armed with a program of recovery, a renewed faith, and a miraculous second chance at life, Damon emerged from over seven years of prison a changed man. His story of redemption, grit and determination continues to inspire audiences today.

ACCREDITATION INFORMATION



The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-22-079-L99-P/T** and is intended for pharmacists and pharmacy technicians.

PROGRAM AGENDA

Program Agenda

8:15 – 8:45am	Breakfast
8:45 – 9:00am	Welcome
9:00 – 10:30am	Opening General Session
10:45am – noon	Panel Discussion
12:00 – 1:00pm	Lunch
1:00 – 2:30pm	Breakout Sessions
2:45 – 4:15pm	Breakout Sessions

**Breakout Sessions Applicable to Pharmacists:

- Addiction as a Neurobiological Disease
- Stigma Kills – Addressing Substance Use Disorder
- Ushering Out Stigma in Healthcare

POST-GRADUATE EDUCATION ADVISORY COMMITTEE

Spencer Durham, Pharm.D., BCPS, BCIDP
Associate Clinical Professor, Director of Alumni & Professional Affairs

Alison Baker, Pharm.D.
Coordinator of Distributive Services, AU Employee Pharmacy

Angela Calderon, Ph.D.
Associate Professor, Drug Discovery and Development

Edward Chou, Ph.D.
Associate Professor
Department: Health Outcomes Research and Policy

Renee' Delaney, MBA
Operations Manager, COACH

Sarah Kimble, CPhT
Lead Pharmacy Technician, Auburn University Employee Pharmacy

Erika Kleppinger, Pharm.D., BCPS
Associate Clinical Professor, Pharmacy Practice

Haley Phillippe, Pharm.D., BCPS, BCGP, FASCP
Associate Clinical Professor, Pharmacy Practice

Danielle Waites, MSW
Patient Care Coordinator, Clinical Affairs and Outreach

Marian Williams, MS
Academic Programs Administrator, Faculty Affairs and Strategic Initiatives

Tanja Redd, MBA
Program Coordinator, Alumni and Professional Affairs

Brianna Foster
Program Administrator, Alumni and Professional Affairs

Members of the Post-Graduate Education Advisory Committee have completed a conflict of interest disclosure form and have no actual or potential conflicts of interest in relation to this program.