

Rachel Settle, Pharm.D.

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PROFESSIONAL EXPERIENCE

Clinical Pharmacist

Baptist Medical Center South, Montgomery, Al

July 2012 - current

PGY-1 Pharmacy Practice Resident

Saint Thomas Hospital, Nashville, TN

June 2011 – June 2012

- Lovenox Telemedicine
- Coumadin Clinic
- Rounding Services (Internal Medicine, Special Care, Critical Care)
- Operations/IV room
- Pharmacokinetics/consults/TPNs

Pharmacy Intern, CVS Pharmacy

Huntsville, Alabama

May 2008 - Aug 2008

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May 2009 - Aug 2009

EDUCATION

Doctor of Pharmacy

Harrison School of Pharmacy, Auburn University, Auburn, Alabama

Doctor of Pharmacy, Summa Cum Laude

2007 - 2011

Pre-Pharmacy Curriculum

Auburn University, Auburn, Alabama

2004 - 2007

LICENSURE AND CERTIFICATIONS

Alabama Pharmacy License

2012 - present

Tennessee Pharmacy License

2011 - present

Alabama Board of Pharmacy Certified Pharmacy Preceptor

2017 – present

Clinical Nutrition Support Certified

2012

Alabama Certified Parenteral Pharmacist

2012 - present

ACLS certified

2012- present

BLS for Healthcare Providers (CPR/AED Certified)

2010 - present

CPR and First Aid Certified

2007 - 2010

APhA Pharmacy-Based Immunization Delivery Certification

2008

TEACHING EXPERIENCE

Pharmacy Resident Preceptor I am a primary preceptor for Internal Medicine I, Internal Medicine II, Neurocritical care elective, and Project Management longitudinal	2014 – present
Pharmacy Student Preceptor Precept APPE pharmacy students from Auburn and Samford 1-3 students per year	2016 - present
Pharmacokinetic Training Series of inservices for incoming residents given during month of July	July (2017-2022)
IV drips class	Jan 2014 - 2015
Nursing Orientation <i>Description: Provide education to new nurses at Baptist South, Baptist East and Prattville hospitals. (3 hour class)</i>	2013 - 2014
Nursing Inservice Regarding appropriate handling of safety needles and ampules	Fall 2012
BreathEasy Class <i>Description: Educated patients with a history of COPD on the role, importance, mechanism, and potential adverse effects of their medications. Taught one 45 minute session.</i>	March 2012
Cardiac Rehabilitation Class <i>Description: Educated patients with a history of ACS on the role, importance, mechanism, and potential adverse effects of their medications. Taught three 30-45 minute sessions.</i>	Sep/Dec 2011
Proper Disposal of Pharmaceutical Waste Education provided to nursing staff; developed a quiz to assess retention of education provided	November 2011
Pharmacy Info for Nursing Staff Meetings In-service presented to nurses on appropriate handling of medications	February 2011
Respiratory Therapy Department: Pharmacy Moment. In-service presented to nurses in the respiratory department	January 2011
Quick Reference: Commonly Used Herbal Products In-service presented to nurses and doctors at a Southeastern Diabetes Camp (Camp Seal Harris: a camp that teaches children how to manage their diabetes)	June 2010

Contemporary Aspects of Pharmacy Practice Lab Five (CAPP V)

Pediatrics Lab with Dr. Lea Eiland

August 2010

Description: Assisted with teaching a skills-based lab to third year Auburn pharmacy students. Taught two 2-hour sessions.

Geriatrics Lab with Dr. Haley Phillippe

September 2010

Description: Assisted with teaching a skills-based lab to third year Auburn pharmacy students. Taught four 2-hour sessions.

PRESENTATIONS**Thrombolysis Guided Perfusion Imaging up to 9 hours after onset of stroke****June 2019****New Dosing strategy for Privigen****June 2019****Dual Antiplatelets for Acute Ischemic CVA****June 2018****Inpatient Diabetes Management: Helpful Tips on Insulin Therapy****January 2014**

Helped give a lecture on insulin to FMS medical residents

Stroke Inservice**October 2013**

Presented to pharmacy staff

Hepatitis C: Management of Viral Hepatitis**May 2012**

Presented for CE credit. Target audience was pharmacists.

Statin Use and Risk of Diabetes Mellitus in Postmenopausal Women in the Women's Health Initiative.**Feb 2012***Arch Intern Med.* 2012 Jan;172(2):144-152.

Presented Journal Club to pharmacists at Saint Thomas Hospital

Clostridium Difficile**Jan 2012**

Lunch and Learn presented to Saint Thomas pharmacists on the 2010 guidelines update for clostridium difficile management. Also, discussed cases where elevated vancomycin troughs have been seen in patients with renal failure taking high doses of oral vancomycin.

The Perioperative Management of Antithrombotics**Dec 2011**

Presented to Saint Thomas Pharmacists for CE credit

Weight-Based versus Fixed Dosing of LMWH When Managing Obese Patients for VTE Prophylaxis**November 2010**

Platform Presentation presented to Huntsville Hospital and Auburn faculty, students and residents

RESEARCH**Evaluation of Compliance with the Three Hour Early Management Bundle for Sepsis in the Emergency Department**

Project Mentor, resident presented at ASHP midyear

December 2022**Pressed for Time: Safety and Efficacy of Adjunctive Midodrine use in the Intensive Care Unit**

Project Mentor, resident presented at ASHP midyear and SERC

April 2022**Prophylactic Enoxaparin Dosing Based on Body Mass Index (BMI) in Extreme Obesity**

Project Mentor, resident presented at SERC

April 2020**Evaluation of an Adjusted Dosing Strategy for Enoxaparin in the Morbidly Obese Population**

Project Mentor, resident presented at ASHP midyear and SERC

April 2018**Evaluation of RASS Documentation in an Intensive Care Unit**

Project Mentor, resident presented at ASHP midyear and SERC

April 2017**Improving ICU patient outcomes through pharmacist assessment Of RASS and intervention on sedation**

Project Mentor, resident presented at SERC

April 2015**Assessing Medical Reversal of Anticoagulation-Associated ICH**

Data collection at Saint Thomas Hospital; presented at SERC; manuscript not submitted for publishing

Jan 2012- April 2012**PROJECTS/PROCESS IMPROVEMENT****Implement new dosing strategy for IVIG****2019****Privigen MUE****2019****Implement new Dosing strategy for treatment Lovenox in obesity****2017****Newsletter Article**

Activase for Ischemic Stroke- nursing newsletter

January 2014**Newsletter Article**

Stroke Center Certification and Process Improvements

December 2013**PI project (Activase for ischemic stroke)**

Goal is to achieve a 12 minute prep time (notification to delivery)

October 2013 –present**Pradaxa MUE****July-Nov 2011**

POLICY INVOLVEMENT**Hypertonic Saline policy**

Developed

2016

Revision/update

2021**Alteplase for Ischemic Stroke**

Last updated

2022**Brain attack powerplans/stroke policies**

Involved in annually reviewing powerplans and policies for ischemic and hemorrhagic CVA.

Developed the brain attack powerplan addressing complications of IV thrombolysis

2022**CURRENT COMMITTEES****Stroke Task Force****ICU Committee****Residency Advisory Committee****Sepsis Task Force****PRIOR COMMITTEES****Core Measure Committee (VTE and stroke)**

- Implemented new process for documenting warfarin education

Pharmacy and Therapeutics Committee

- Formulary interchange for combigan
- Oral Iron Formulary
- Deletion of Victoza from formulary

PROFESSIONAL MEETINGS**Southeastern Residency Conference (SERC)****2015, 2018, 2022**

Presentation Evaluator

PROFESSIONAL MEMBERSHIP**Alabama Society of Health-System Pharmacists (ALSHP)****2019- present**

Member

American Society of Health-System Pharmacists (ASHP)**2010 - 2021**

Member

Rho Chi (Pharmacy's Academic Honor Society)

President, 2009-2010

Christian Pharmacists Fellowship International (CPFII)**2008 - 2010**

Treasurer, 2009-2010

AWARDS AND HONORS

Preceptor of the Year Voted on by pharmacy residents at BMCS	2015, 2018, 2020
Cultivation Award Voted on by pharmacy residents at BMCS	2017, 2022
Heart of the Teacher Voted on by pharmacy residents at BMCS	2019, 2020, 2021
Mylan Excellence in Pharmacy Award	2011
Rho Chi Award , Harrison School of Pharmacy Awarded to the student with the highest GPA in their pre-pharmacy curriculum at Auburn for the entering P1 class	2008

VOLUNTEER SERVICE

Montgomery American Dixie Youth Softball Assistant Coach Girls 4-6 years old	Spring 2023
Big Event <i>Project organized by Auburn University SGA. This event includes activities that allow volunteers to give back to the community. Last year, we took a group of 7 and picked up trash around the streets of Auburn. In 2008, we took a group of 7 and painted the bathrooms in an elementary school.</i>	2008, 2010
Auburn University H1N1 Vaccination Outreach <i>Volunteered to administer H1N1 vaccines to Auburn University faculty, staff and students</i>	Fall 2009
Camp Seale Harris (diabetes camp) <i>Assisted with daily insulin and diabetes management for approximately 100 children aged 12-17 years old at a summer camp for children with Type 1 DM</i>	June 2010
Health Fair <i>Encouraged patients to get their H1N1 vaccination. Also, offered chance to get BP and BG levels taken</i>	Fall 2009
Pharmacy Week <i>Attended meetings and presented ideas for celebrating pharmacy week. Was in charge of organizing the pumpkin contest for pharmacy week</i>	2011