



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

POST TRAUMATIC STRESS DISORDER TREATMENT AND PRAZOSIN USED Leah Winchester

Thursday, July 6, 2023, ~ 1 pm -2 pm CT



PROGRAM OVERVIEW

This presentation encompasses the guideline-directed medical treatment for Post Traumatic Stress Disorder (PTSD) and the use of prazosin for PTSD-associated nightmares. The guidelines that will be referenced are the VA/DoD 2017 PTSD guidelines, American Psychological Association 2017 PTSD guidelines, and a position paper by the American Academy of Sleep Medicine published in 2018.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1.0 ACPE Contact Hours, .01 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is offered in partnership with Central Alabama Veterans Health Care System.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists and Pharmacy Technicians (ACPE).

LEARNING OBJECTIVES

- Discuss the symptoms associated with post-traumatic stress disorder (PTSD) and their impact on daily function.
- Review current guideline recommendations for the treatment of PTSD and PTSD-associated nightmares.
- Compare guideline recommendations for the use of prazosin in PTSD-associated nightmares versus current literature.
- Synthesize a treatment plan for a patient with recurrent PTSD-associated nightmares.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Winchester has no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal 0001-9999-23-026-L01-PActivity Number for this knowledge-based program is **0001-9999-23-026-L01-P** and is intended for pharmacists, nurses and social workers.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

Auburn University Harrison School of Pharmacy is a Board-approved provider of continuing education for social workers by the Alabama Board of Social Work Examiners. Provider Number:0643.

PROGRAM FACULTY

Dr. Leah Winchester, PharmD, MBA, received her Bachelor of Science in Biochemistry at The University of Arkansas, her Master of Business Administration at The University of Arkansas at Little Rock, and her Doctor of Pharmacy from The University of Arkansas for Medical Sciences. Her current interests are ambulatory care, management, and academia. Following her PGY1 year, her goal is to become a clinical pharmacist at the VA. She is passionate about teaching and advancing the profession of pharmacy. Leah's interests include listening to live music, exercising, and spending time with her family and two pups.

POST-GRADUATE EDUCATION ADVISORY COMMITTEE

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.