



AUBURN UNIVERSITY  
HARRISON SCHOOL OF PHARMACY



## THE “WEIGHT” OF PHARMACOTHERAPY: A PATIENT-CENTERED APPROACH FOR PATIENTS OF HIGHER WEIGHT

Dr. Kristi Kelley

May 25, 2022 - 12-1pm ET



### TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE), and Nurses (ABN).

### LEARNING OBJECTIVES

- Describe the clinical practice impact of current recommendations for the management of patients of higher weight.
- Differentiate FDA-approved pharmacotherapy options for weight loss.
- Given a case, select an evidence-based patient-centered pharmacotherapeutic plan for a patient of higher weight.

## PROGRAM OVERVIEW

The Centers for Disease Control and Prevention's 2020 Adult Obesity Prevalence Map lists Alabama as one of 16 states with an adult obesity prevalence at or above 35%. Dating back to 2013, there are recommendations from the AHA/ACC/TOS. There have also been practical guidelines from the Endocrine Society and the AACE/ACE that provide specific recommendations for pharmacotherapy agents that were available at the time of publication of the guidelines in 2015/2016. More recently published guidelines, including those from the Obesity Medicine Association, recognize obesity as a disease and the importance of medical management. All of these evidence-based clinical practice recommendations are commonly utilized to provide comprehensive management for persons of higher weight. Key updates to the management of obesity, will be highlighted in the session. Over the last ten years, the FDA-approved pharmacotherapy options for weight loss have expanded and there are now 5 options approved for long-term use. The benefits and safety considerations of these agents in management of persons of higher weight will be highlighted. Pharmacists are faced with trying to keep up with the new clinical practice guidelines, data, and new medications and being ready to apply it to patient cases. A variety of cases in patients with comorbidities that can impact management of higher weight will be presented to the attendees. Discussion of the best option for the management of the patient cases will be reviewed based on the evidence presented.

The registration fee for this program is \$25 (or is part of the \$100 Live @ Lunch subscription).

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>. **This program is also approved by the ABN.**

*The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.*

This program is not sponsored by an external organization.

## ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact [hsopce@auburn.edu](mailto:hsopce@auburn.edu) if you have any questions or needs related to this online CE program.

## FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure than information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Kelley has no actual or potential conflict of interest in relation to this program.

## ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-22-030-L01-P** and is intended for pharmacists and Nurses.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

## PROGRAM FACULTY

Kristi W. Kelley, Pharm.D., FCCP, BCPS, BCACP, CDE, BC-ADM is a Clinical Professor at the Auburn University Harrison School of Pharmacy. Dr. Kelley earned both her Bachelor of Science in Pharmacy (1999) and Doctor of Pharmacy (2000) degrees at the Harrison School of Pharmacy. She completed an ASH accredited Primary Care Residency at the University of Mississippi Medical Center in 2001.

In addition to teaching in her clinical practice, Dr. Kelley is also involved in didactic teaching, service, and scholarship within the School. Complementing her practice and research interests is Dr. Kelley's involvement in professional associations, such as the American Society of Health-System Pharmacists (ASHP), the Alabama chapter of ASHP (ALSHP), the American College of Clinical Pharmacy (ACCP), and the American Association of Colleges of Pharmacy (AACCP), serving on a variety of committees and holding leadership roles.

While on faculty at Auburn, Dr. Kelley has been honored to receive the Hargreaves Faculty Mentor Award, Roche's Preceptor of the Year, and be recognized as a Preceptor of Excellence four times. Dr. Kelley was part of a three-member team that received the school's inaugural Excellence in Teaching award and were also recognized as the school's representatives at the 2014 AACP Annual Meeting as a "Teacher of the Year." In 2018, Dr. Kelley was again awarded HSOP's Excellence in Teaching award. In 2016, Dr. Kelley was the recipient of ACCP's Education Award.

Dr. Kelley's scholarship interests include diabetes, metabolic syndrome, and pharmacy education. She has published and presented on these topics at both the regional and national level. In addition, she has served as invited faculty for ASHP recertification programs and ACCP's Teaching and Learning Academy/Certificate Program.

### **Practice Site**

Dr. Kelley practices at the Continuity Clinics with Brookwood Baptist Health, Internal Medicine Residency Program in Birmingham, Alabama where she serves as non-physician faculty. She is responsible for planning, implementing, and managing all pharmacy services related to patient care while precepting pharmacy students on ambulatory care rotations. During her time with HSOP, she has established clinical pharmacy services in three outpatient internal medicine clinics in the Birmingham area.

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*Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.*