



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

CONTRACEPTIVE COMPASS: A JOURNEY TO PERSONALIZED PROTECTION

Dr. Kristen A. Korankyi & Dr. Kassandra Bartelme
May 29, 2024, 12:00 -1:00 PM CT via Zoom



PROGRAM OVERVIEW

Family planning and contraceptive care have recently been debated within the state of Alabama. The Supreme Court of Alabama's February ruling that cryogenic IVF embryos be recognized as children and entitled to legal protection has resulted in bills proposing civil and criminal immunity for IVF facilities (S 159) and protecting access to contraceptive care (HB 279). Although Alabama state law does not specifically grant pharmacists authority to prescribe contraception, HB 279 (introduced in March) lists pharmacists as healthcare providers who can "legally dispense or provide information on marketed contraceptives." If this bill is passed, it will provide increased awareness of pharmacists providing contraceptive counseling. In order to be prepared, pharmacists will need to be familiar with the various contraceptives available and be prepared to provide counseling pearls and recommendations for new contraceptive therapies including over-the-counter progestin-only pill, prescription progestin-only pill, patch, ring, vaginal gel, and intrauterine devices. This presentation will focus on updates in contraceptive therapies and ways to recommend appropriate treatment to mitigate various side effects. The registration fee for this program is \$25.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE).

LEARNING OBJECTIVES

1. Define patient specific eligibility criteria for starting contraceptive agents based on the 2016 CDC US Medical Eligibility Criteria for Contraceptive Use.
2. Demonstrate knowledge of current contraceptive methods.
3. Identify pertinent counseling pearls for new contraceptive methods, including the over-the-counter progestin-only pill, prescription progestin-only pill, patch, ring, vaginal gel, and intrauterine devices.
4. Select appropriate contraceptive therapy utilizing a patient-centered approach.
5. Formulate a patient-centered care plan for a chosen hormonal contraceptive therapy including administration, missed doses, adverse effects, and monitoring.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Drs. Korankyi and Bartelme have no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is 0001-0000-24-015-L01-P and is intended for pharmacists.

TECHNOLOGY REQUIREMENTS

Participants are encouraged to secure a direct connection for all webinar programming. Please arrange for access to a computer with stable internet connection and Zoom capabilities. This program will be conducted via Zoom and includes interactive components.

If you're a new participant, we have a quick start guide here: <https://aub.ie/zoomquickstart>.

PROGRAM FACULTY

Kristen A. Korankyi, Pharm.D., M.S.Ed, is a heterosexual cis-gender African American female who goes by She/Her/Her's pronouns. She is a second generation Ghanaian American born and raised in the United States who speaks English as a first language and Twi as a second language with passive fluency. She is able-bodied, of petite stature, and neurotypical. She has lived a privileged upper-middle-class life with both parents in healthcare who have achieved advanced college degrees in their fields, one parent as a pharmacist and the other as a psychiatric mental health nurse practitioner. She is an Assistant Professor of Pharmacy Practice and specializes in ambulatory care pharmacy/family medicine. In her position, she is an educator to students at the Harrison College of Pharmacy and to her patients as part of the USA Family Medicine Clinic.

Korankyi's responsibilities within HCOP include teaching within the practice-ready curriculum, contributing to scholarly work, and advising students. At the Family Medicine Clinic, she functions as an ambulatory care pharmacist who provides counseling and optimizes medication therapy to patients with primary care disease states such as diabetes, hypertension, hyperlipidemia, and obesity management.

A graduate of the High Point University Fred Wilson School of Pharmacy, Korankyi received her Pharm.D. in 2021. She went on to complete a two-year pharmacy practice and academic leadership residency at Concordia University, Wisconsin. While there, she also completed a master of science in education in teaching and learning.

Dr. Kassandra Bartelme, Pharm.D., BCACP is a Professor of Pharmacy Practice at Concordia University Wisconsin School of Pharmacy. She considers herself a pharmacist educator with a passion for arming students with the skills and knowledge necessary to be competent and confident pharmacist practitioners.

Dr. Bartelme attended pharmacy school at the University of Minnesota – Twin Cities and graduated with a leadership emphasis. She completed a 24-month PGY1 residency at the U of MN focusing on ambulatory care pharmacy and academia, including developing a new practice in the second year. Her residency experiences provided excellent preparation for a career in pharmacy practice academia and served as a great segue into her current position.

Dr. Bartelme currently teaches and coordinates an Applied Patient Care skills lab course that gives students opportunities to practice what they're learning in their courses, through simulated patient experiences and case discussions. She also teaches and coordinates the nonprescription (OTC) pharmacotherapy course and the women's health unit in the pharmacotherapy course series.

She practices as an ambulatory care pharmacist at Ascension Columbia-St. Mary's Thrombosis Clinic managing anticoagulation therapy one and a half days a week. Dr. Bartelme's research interest areas include clinical documentation and women's health topics.

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.