



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

OPTIMIZING CARDIOVASCULAR CARE IN OLDER ADULTS

Dr. Emily McCoy
Recorded Webinar



PROGRAM OVERVIEW

As the population ages, the prevalence of cardiovascular disease (CVD) among older adults continues to rise, presenting unique challenges in clinical management. Pharmacists play a critical role in managing medications for older adults, who often present with multiple chronic conditions, including CVD, cognitive impairment, and frailty. This presentation equips pharmacists with the knowledge and skills to deliver patient-centered, evidence-based care for older adults with CVD. Attendees will explore therapeutic strategies tailored to the aging population, including the impact of functional status, comorbidities, and complexities of polypharmacy on management of CVD in older persons. The registration fee for this program is \$25.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization and no commercial support has been received for this activity.

TARGET AUDIENCE

This application-based program is intended for Pharmacists (ACPE)

LEARNING OBJECTIVES

1. Evaluate pharmacotherapeutic strategies for the primary and secondary prevention of cardiovascular disease in older adults, incorporating current clinical guidelines and evidence-based practices.
2. Analyze the influence of age-related factors—including frailty, cognitive impairment, comorbidities, and polypharmacy—on the selection and optimization of cardiovascular therapies in older adults.
3. Assess the risks and benefits of pharmacologic interventions in older adults with cardiovascular disease, considering individual patient characteristics and treatment goals.
4. Apply principles of deprescribing to reduce medication burden and enhance therapeutic outcomes in frail or high-risk older adults with cardiovascular disease.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, view the recorded Zoom webinar, complete the quiz and program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this application-based program is 0001-0000-25-015-H01-P and is intended for pharmacists. The initial release date for this program is July 25, 2025, and the intended expiration date is July 25, 2028. This program is not sponsored by an external organization.

TECHNOLOGY REQUIREMENTS

Please make arrangements to have access to a computer that has good audio/visual capabilities and a steady internet connection.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Dr. McCoy and others in control of content have no actual or potential conflict of interest in relation to this program.

PROGRAM FACULTY

Emily McCoy, Pharm.D., FCCP, BCACP is an Associate Clinical Professor in the Auburn University Harrison College of Pharmacy's Department of Pharmacy Practice and an Adjunct Assistant Professor in the Department of Internal Medicine at the University of South Alabama College of Medicine. She also currently serves as the interim assistant dean for the Mobile campus and for Student Success. In this role, she coordinates various aspects of student life on the Mobile Campus. In partnership with the Mobile Campus Curricular Coordinator, she demonstrates a strong student-centered focus to ensure every student has unparalleled, world-class, and profound opportunities for personal, intellectual, and professional growth while a student at HCOP. As part of her role in Student Success, Dr. McCoy developed and directs the HCOP Peer Coaching Program, which is intended to provide students with individual and group support throughout the didactic portion of the Practice Ready Curriculum (PRC). Dr. McCoy graduated with her Doctor of Pharmacy degree from the University of Tennessee Health Science Center in Memphis, Tennessee in 2008. She completed a residency in ambulatory care with a focus in academia in Memphis with the UT-St. Francis Family Medicine residency program and became Board Certified in Ambulatory Care Pharmacy (BCACP) in 2011. Dr. McCoy joined the Auburn faculty in August 2009 and has been heavily involved in the development, delivery, and coordination of the PRC, and she served as the course coordinator for the P2 Fall semester for five years. Dr. McCoy is active in several national pharmacy organizations including the American Society of Health-System Pharmacists (ASHP), American Association of Colleges of Pharmacy (AACP), and the American College of Clinical Pharmacy (ACCP). She also currently serves as faculty for the ACCP/ASHP BCACP Review and Recertification Course.

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.